



FREQUENTLY ASKED QUESTIONS

Why do you recommend the Endoscopy Center?

The Endoscopy Center is designed specifically for performing endoscopic procedures with efficiency, patient convenience, and peace of mind. All staff members are trained specifically in GI procedures and health management.

Can I wear contacts during the procedure?

It is recommended by the physicians and the anesthesiologist that you wear your glasses or bring glasses with your contact case for after the procedure.

Will I still have diarrhea on my way to the procedure?

This may occur so be prepared with extra clothing as needed.

Do I really need to split the prep in half?

Yes. If you are using the Miralax Prep, this gives you a "clean colon" for a thorough examination. Eating lightly 48 hours prior to your procedure will eliminate excessive trips to the bathroom when you start your prep. ALWAYS drink plenty of clear fluids (nothing red in color) 24-48 hours prior to your procedure. This will keep you well hydrated and prevent any side effects. If you are using a different prep, follow instructions given to you by the nursing staff.

Are polyps removed at the time of the procedure?

Yes, polyps will be removed and sent for pathology. Pathology results will be available in approximately 10 to 15 days.

Can I take Tylenol prior to the procedure?

Yes, you can use Tylenol. DO NOT use Advil, Motrin, Aleve, or Ibuprofen.

Do I really need to get up in the middle of the night to finish the prep?

Yes. Your colon needs to be as clear as possible for accurate results. Follow the prep guidelines as closely as possible. Stool may remain to pass through the colon even after the bowel movements begin to look clear. The split dose prep is designed to allow sufficient time for the remaining stool to pass into the colon so the 2nd dose will flush it out. If you have had side effects with the Miralex prep, ask the physician or nursing staff about other options that are available.

What should I do if I forgot to stop my Aspirin/arthritis medicine?

If you forget to stop these medications, the procedure can still be done, however, please inform the nurse.

What if I have my menstrual cycle at the time of my procedure?

This is not a problem and it is okay to go ahead with the procedure. You can inform the nurse upon arrival.

Why can't I have clear liquids that are red?

Some red juices contain a dye that coats the bowel wall and obscure lesions or be mistaken for blood in the colon.

Why did I receive two separate bills from your office?

One bill is for the physician, the other bill is for the endoscopic procedure in our facility.

NOTE: You will receive additional bills for the anesthesia services, pathologist to read your specimen (if a polyp was removed), and the Hospital for the pathology evaluation.

Can I wear jewelry?

We strongly recommend you do not wear jewelry on the day of your procedure. If you do choose to wear jewelry, please keep in mind the Center cannot assume responsibility for these items. Tongue piercings and nose studs will need to be removed prior to the procedure.